

Carmen-Rae Carlson

Carmen-Rae Carlson is a professional word nerd. Always ready to jump into any dissertation with suggestions of a more clever way to convey one's meaning, she's often more concerned with how something is stated than the actual statement. Well, that may not be quite true, but she would rather read, "It was a dark and stormy night," any day, than the more succinct, "Last time it rained ..."

Through years of professional maid-service – actually that's how she refers to her work - *always here to tidy up and organize the chaos* – she has left her mark in the health care industry, the architectural design/build industry, and the creative realms of interior design and music.

Most recently, her efforts have been focused on the nation's food allergy research and educational initiatives. She lends her writing and editing skills to book authors, magazine publishers, newspaper interviewees, websites, and professionals needing condensed personal biographies. She actually considers it fun to receive an email crying, "Help, I've got to submit this thing by 8:00 tonight ..." Yippee! Time to take up the broom and dustrag and put a spit shine on someone's tome.

Just to prove she's not making all this up, here are few titles to which she has contributed:  
Contributing editor, *The Food Allergy Experience*, Ruchi Gupta, MD, 2012  
Foreword writer/editor, *The Food Allergy Mama's Baking Book*, Kelly Rudnicki, 2009  
Website editor, writer and manager, [www.MOCHAllergies.org](http://www.MOCHAllergies.org), 2009 – present  
Product review writer, *Allergic Living Magazine*, Winter 2013 and Spring 2013 editions  
Editor, Chicago Tribune interview with Ruchi Gupta, *Halloween scares parents of kids with food allergies*, by Bonnie Miller Rubin, October 24, 2012  
Editor, press release, *How to Live Safely with Kids' Food Allergies*, Ruchi Gupta, MD, October 24, 2012  
Writer/editor, Denise Bunning professional bio

Carmen-Rae finds interesting ways to entertain herself. For example, she made a deal with her sister-in-law that if they ever see a crime involving a getaway car, in reference to the license plate: "You memorize the numbers, I'll get the letters!"

Her favorite hobby is leading children's choirs, complete with gangnam-style choreography (or... not) and heart-melting waves to moms and dads in the audience.

Her favorite quote:

"Sometimes I succeed in spite of my best efforts."  
by her own self