

This list of allergy-friendly restaurants has been compiled with the recommendations of individual MOCHA members. Please remember, it is always your responsibility to determine if a restaurant is safe for your family.

National Chains

Chili's www.chilis.com	Complete Allergen binder available. Separated by specific allergen.
Chipotle www.chipotle.com	Showed a willingness to accommodate both a peanut and egg allergy.
Chuck E Cheese www.chuckecheese.com	Showed a willingness to accommodate both a peanut and egg allergy.
Denny's www.dennys.com	Allergen listing to look through done by menu item.
Five Guys www.fiveguys.com	Hamburgers and fries only! The only things on the grill here are hamburgers! The fries are hand cut and fried in a dedicated fryer! Mmmmmmm . Definitely not for peanut allergy people--the place is littered with peanut shells.
Maggiano's www.maggianos.com	A chef from the kitchen comes to your table personally to discuss your needs, and the waiters are also very attentive.
Moe's Southwest Grill www.moes.com	Showed a willingness to accommodate both a peanut and egg allergy.

MOCHA is not a professional or medical organization. It is a group of parents sharing information and supporting each other. The discussions, meeting minutes, handouts, speakers, and other products of our support group do not constitute medical and/or legal advice and should not be relied upon as such. Always discuss individual health questions and medical issues with a qualified personal physician.