

This list of allergy-friendly restaurants has been compiled with the recommendations of individual MOCHA members. Please remember, it is always your responsibility to determine if a restaurant is safe for your family.

West Suburbs

<p>All Aboard Diner 1501B West 75th St. Downer's Grove 60516 630-322-8966 www.allaboarddiner.com</p>	<p>This is a peanut-free diner with a fun, family friendly appeal. A train delivers your food if you sit at the counter. Nick, the owner, has a binder that list ingredients for the foods and he also has Divvies candies and treats (dairy, egg and nut free cupcakes, candies and sweets) available at the diner.</p>
<p>Charlie Fox's Pizza 3341 West Main Street St. Charles 60175 630-443-8888 www.charliefoxpizza.com</p>	<p>The manager was very helpful when I contacted him about my niece's birthday party, which they were providing the pizza for. Since my daughter can't eat cheese, he offered a pasta dish with chicken that was dairy, egg, and peanut free. He was quite knowledgeable and helpful.</p>
<p>Dalucianos 8343 W. Grand Ave. West Chicago 60171 708-453-1000 www.dalucianos.com</p>	<p>This place is the mecca of gluten free in the Chicagoland area. The chef has several children who are celiacs. Because of this he created an extensive gluten free menu. The place is divine! My son ordered for the first time off a regular menu when he was 10 years old! They have gluten free pizza, garlic bread, pasta, soup and even desserts!</p>
<p>Eatza Pizza 3450 Montgomery Rd Aurora 60504 630-898-8234 www.Eatza-Pizza.com</p>	<p>Mostly a carryout and catering restaurant. I believe there is only one small table inside. Ken has been very attentive when I need parties catered. When I contact him via email, he gives me COMPLETE ingredients lists for items that I request.</p>
<p>Johnny Rocket's Multiple Locations www.johnnyrockets.com</p>	<p>Servers are very understanding. Their burgers and cheeseburgers are cooked on separate grills to avoid cross contamination with dairy. They also use different tongs (I think they are color coded).</p>
<p>Mago Cantina and Grill Promenade Mall 641 E Boughton Rd Bolingbrook 60440 630-783-2222 www.magodining.com</p>	<p>Staff is so helpful. We have been there 3 times and the servers already remember my son. They make sure his soup doesn't have the cream in it and he feels so special. All of their food is made to order so ingredients can be substituted easily.</p>

MOCHA is not a professional or medical organization. It is a group of parents sharing information and supporting each other. The discussions, meeting minutes, handouts, speakers, and other products of our support group do not constitute medical and/or legal advice and should not be relied upon as such. Always discuss individual health questions and medical issues with a qualified personal physician.